



The Dashboard

JULY



The Latest CSA Scores:

Category	Threshold	Phoenix Goal	May	June	
Unsafe Driving	65%	30%	35.7%	33.4%	↓
Hours of Service Compliance	65%	60%	74.5%	75.5%	↑
Driver Fitness	80%	0%	78.5%	76.8%	↓
Drugs/Alcohol	80%	0%	0%	0%	Same
Vehicle Maintenance	80%	30%	29.4%	25.1%	↓ ALL TIME LOW
Hazardous Material Compliance	80%	30%	Inconclusive	Inconclusive	Same
Crash Indicator	65%	30%	50.7%	34.5%	↓

Last 5 Unsafe Driving violations:

06/06/2013-Jenney Klemetson speeding 6-10 mph over speed limit. 12 CSA points
 5/8/2013-Tiffany Conway speeding 6-10 mph over speed limit. 12 CSA points
 4/26/2013-Bernard Hesketh improper lane change. 15 CSA points
 4/11/2013-Chris Thompson speeding 15 miles over speed limit. 45 CSA points
 04/09/2013-Dennis Troutman-improper lane change. 9 CSA points

Last 5 Hours of Service violations:

06/18/2013-Lane Cather-drivers record of duty status not current. 15 CSA points
 06/18/2013-Brian Anderson-drivers record of duty status not current. 15 CSA points
 06/06/2013-Jenney Klemetson-False report of drivers record of duty status. 27 CSA points
 5/19/2013-Steven Montgomery-driving beyond 14 hour. 21 CSA points
 5/13/2013-Dimitre Dimitrov-general form and manner. 3 CSA points

"Be Careful Out There."

July Birthdays

Bobby Cannon	01
Donald Martin	02
Charles Hilton	03
Jessica Myers	05
Milentcho Velinov	07
Tiffany Conway	10
Bobby Lady	11
Leo Abner	13
James Locke	13
William Roberts	23
Tylor Utter	26
Rodney Nolen	27
Frank Floyd	31



Several new employees were hired during the month of June. Please introduce yourself and make them feel welcome.

Cathy Moore
Larry Adams



Monthly Health Tips

Use the First Stall

After analyzing 51 public restrooms, experts found that the stall closest to the restroom door consistently had the lowest bacteria levels (and the most toilet paper!). The first stall probably sees less traffic because it's near the door and people want privacy. And when you're finished, stand before you flush. When toilets are flushed, a fine mist of water containing contagious bacteria sprays up. You can catch intestinal bugs and hepatitis from it.

Skip the Antibacterial Soap

There's absolutely no reason to buy antibacterial soaps, according to the American Medical Association. While close to 50 percent of soaps sold in the States contain antimicrobial agents, the AMA claims there's no solid scientific proof that these soaps are better at preventing infection than regular soap. In fact, the group argues that antibacterial soaps may be doing more harm than good—by making bacteria stronger and more resistant to existing germ killers.

Straighten Your Drive

Taking a long drive? Pretend someone poured a cold drink down your back—notice how your shoulders pull back and your spine curves? That's the position your back should be in when you're rolling down the highway.

2013 Safety Meeting Schedule

Safety Meetings for 2013 will have a different schedule format. Safety Meetings will be conducted once a month starting the third Saturday of February. **All Phoenix employees (including office personnel), with the exception of mechanics, will have to attend only one of these meetings throughout the year.** All meetings will be held on the third Saturday of every month in the orientation room. Because there is limited seating in the orientation room there will be a sign up sheet on the orientation door prior to each month's meeting. Everybody should call or check the Friday before the scheduled meeting prior to showing up to ensure the meeting has not been cancelled for unforeseen reasons.

The next meeting will be held July 20th.



Mark Barnes

IN THE KNOW

How long have you been working for Phoenix Transportation?.....13 years
 What do you do at Phoenix Transportation?.....Safety Director
 What is your favorite music?.....Bluegrass
 What is your favorite movie?.....Lawless
 What is your favorite drink?.....H2O
 If possible, who would you most like to meet whether they are living or not? ...
President Abraham Lincoln
 What is your favorite car?.....Ferrari F40
 What place would you dream of going to?.....Ireland

Professional Drivers:

Over the past few weeks you should have received with your paycheck memos explaining the new Hours of Service rules handed down from the Federal Motor Carrier Safety Association (FMCSA). Please take time to read and understand this material. If you have any questions, please feel free to call me or come see me. Every driver needs to complete the latest countermeasure which is included in this newsletter.

We will be continuing our monthly safety meetings the third Saturday of every month. It is imperative that you attend one of these meetings prior to December. There is a total of 11 meetings scheduled which should be ample time for you to make it to one. Those who do not meet this mandatory requirement by the end of the year will lose their entire safety bonus for 2013.

Please note the changes to the Hours of Service rules below.

Limitations on minimum “34-hour restarts”

1. Must include two periods from 1 a.m. to 5 a.m., home terminal time.
2. May only be used once per week, 168 hours, measured from the beginning of the previous restart.

Rest breaks

Must take a half hour break within the first 8 hours of being on duty.

- Do I have to take a break exactly 8 hours after I come on duty?
- No, the rule gives drivers flexibility in when and where to take the break. The rule only prohibits driving if more than 8 consecutive hours have passed since the last off-duty period of at least 30 minutes. For example, if a driver spends 2 hours loading at the beginning of the day, then has a 10-hour drive ahead, he or she must take the break no later than 8 hours after coming on duty. The driver can, however, take the break earlier. If he or she takes a half-hour or more break at some point between the 4th and 8th hours after coming on duty, the driver can complete the rest of the planned 10 hours of driving without another break.



Rick Vosburgh

IN THE KNOW

How long have you been working for Phoenix Transportation?.....2-1/2 years
What do you do at Phoenix Transportation?.....OTR Driver
What is your favorite music?.....Blues
What is your favorite movie?.....The Days of Wine and Roses
What is your favorite drink?.....Unsweet Tea
If possible, who would you most like to meet whether they are living or not?
.....Robert Parker
What is your favorite car?.....'56 Chevy
What place would you dream of going to?.....Africa

Food Maker to Ask, 'What Does Being a Truck Driver Mean to You?'

A food producer is marking National Truck Driver Appreciation Week, Sept. 15-21, with a 10-week campaign that will ask drivers what their profession means to them, and the writer of most popular response will win a cash prize.

Rudolph Foods in Lima, Ohio, says it wants to salute drivers "for transporting nearly all of the food to American consumers." Rudolph claims to be the world's largest manufacturer of pork rinds, a popular snack.

"Truck drivers are at the core of the Rudolph Foods operation," said Mark Singleton, vice president, sales and marketing. "Hearing from truck drivers will help all of us understand and appreciate, in a greater scope, what is meaningful to them.

"None of the foods produced land on our plates without truckers. This is our small way of saying thank you."

The company will ask truck drivers to enter the contest by explaining in one or two sentences what being a truck driver means to them. Details of the campaign can be found on [Facebook.com/RudolphFoods](https://www.facebook.com/RudolphFoods) and at RudolphFoods.com/TruckDriverAppreciationWeek.

Responses can be shared via Facebook or on the website, the company's announcement said.

On Sept. 1, a panel of experts will choose the top 12 submissions and during the week-long celebration consumers will be asked to vote for the best answer. Voting will take place from Sept. 15-21, 2013 on both the Rudolph Foods and Southern Recipe Facebook pages, and Rudolph Foods' website.

The response with the most votes will win a \$1,500 cash prize from Rudolph Foods.

Members of the Rudolph Foods community, Facebook fans, friends and family of truck drivers and the pork rind panel are encouraged to follow along with the campaign using hashtags #ThankATruckDriver and #TruckDriverAppreciationWeek, in addition to voting for the response they feel is the best.

Independence Day

Freedom has its life in the hearts,
the actions, the spirit of men and so
it must be daily earned and refreshed -
else like a flower cut from its life-giving
roots, it will wither and die.

~Dwight D. Eisenhower



NLT John 8:47

Anyone who belongs to God
listens gladly
to the words of God.
But you don't listen
because you don't
belong to God."

JULY DAYS TRIVIA

July 9th is National Sugar Cookie Day

July 12th is Different Colored Eyes Day

July 13th is Embrace your Geekness Day

July 21st is National Junk Food Day

July 26th is Aunt and Uncle Day

July 30th is National Cheesecake Day